

FALL/WINTER 2011
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Dine Asia

A **GUIDE** TO THE BEST RESTAURANTS IN TOWN



TORO
Restaurant & Bar

YOUR COLLECTION OF CULINARY EXCELLENCE

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ATMOSPHERE RESORTS AND SPA: A Luxury Beach Resort with A Heart

After 10 years in Boracay, UK-born Gabrielle Holder and husband Matthew moved to Dumaguete to build a dream - a home and resort for guests to enjoy and experience the paradise that is Negros Oriental.

There are no rooms in Atmosphere Resorts and Spa, only generously designed villas that each has a private garden, large balcony, mini bar, and wireless internet connection. There are eight boutique-style suites which is equivalent to what other resorts would refer to as "standard accommodations." The 90-square meter villa is elegantly designed with a front balcony that has a day bed and a hammock. Meanwhile, the bathroom is set within an open air private garden where the sunken tub or rain shower can best be enjoyed.



The four spacious garden apartments, all 105 square meters, each offer a private affair with nature. It comes with a fully fitted kitchen, dining and living rooms, and a private veranda. The master bedroom, on the other hand, is built with chic interiors, particularly the en-suite bathroom where a view of the private garden can both be accessed.



Finally, the four penthouses offer the most luxurious of all accommodations in Atmosphere Resorts. While the furnishing is majority soft and natural in color, local designs are likewise celebrated as tropical hardwood and the Philippine abaca are used as part of the interiors. The penthouse is 200 square meters composed of a master bedroom, a guestroom that both have en-suite bathrooms, a kitchen, cozy dining and living areas, and an extensively designed balcony.

While the accommodations are grand, Atmosphere's food rivals the former's popularity among guests. Blue, the resort's official restaurant, offers a feast for all diners. It offers a celebration of various dishes from different parts of the globe, serving Asian, European, and of course, Filipino food. The fish and seafood as well as the beef tapa have all been garnering countless thumbs up from visitors. Blue has an organic menu called "One

Organics." Most of the food served here is organic, and most dishes are made completely from scratch, since they plant much of their own vegetables, herbs, spices, and fruits. A lot of what the resort can't provide comes from neighboring farms or gardens, as well as from the sea fronting the resort. And since so much is grown or bought locally, the food is guaranteed fresh.

However, there is something that sets Atmosphere Resorts apart from its contemporaries - the nobility of its cause outshines the royalty of the villas, food and leisure activities that it houses. The place is not just a paradise for travellers but also for locals as they have a soup kitchen where 85 children are regularly fed five times every week. The resort provides the food while the parents who cook the food are provided with kitchen and dining facilities in their local area about twenty minutes from the resort. "We want to be proactive in the environment and we want to give back to the locals," Holder shares. And while she is already working very closely with the local government of Dumaguete City and the Department of Tourism, Gabrielle Holder is as determined as helping the local industry by way of expanding and developing the wonderful home that she made out of Atmosphere Resorts and Spa.





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Daily
7:00 am - 10:00 pm

Asian
Continental
Filipino
International
Mediterranean
Seafood
Steaks
Vegetarian

Indoor/Al Fresco Dining
Wine List
Major Credit Cards Accepted
Reservation Required

In Negros, Atmosphere Resorts is one of the top choices of travelers. Aside from the sun, sand and sea, the culinary experience is another reason why the resort has become a prime destination. Located in the resort is Blue, Atmosphere's signature fine dining restaurant. Blue takes pride in their personalized culinary experience where the chef de cuisine can arrange the menu to suit your personal preference and culinary needs. Blue aims to create a flexible approach to dining which can cater to your culinary needs. Take a break from swimming, diving, and exploring the island. Enjoy a delicious steak, a delectable soufflé or the finest seafood delicacies. You can also choose to step out of Blue and dine in the romantic beach front pagoda by the pool or stick your toes in the sun and join the weekly Beach Barbecue or Filipino Fiesta Night. A cup of Italian coffee or a freshly made health juice awaits you after spending an afternoon in The Sanctuary Spa. In the evening, head to the bar and enjoy delicious cocktails or visit the wine cellar for a fine bottle from the large selection of French wines.

sample menu selections

appetizer::

Wild Mushroom Soup
with tarragon

Citrus Marinated Mackerel "Kinilaw"
with wild ginger and organic mesclun

Smoked Salmon Bruchetta
with flying fish caviar

Seared Scallops
with organic mesclun and citrus vinaigrette

Beef Carpaccio
with parmesan, balsamic reduction and organic mesclun

from the sea::

Grilled Big Eye Tuna Spinach Risotto
with herb butter sauce

Pan-Fried Tanigue
with capers, olives and tomato fondue

Pacific Prawns with Sweet Chili and Lemon Glaze
with mashed potatoes and organic salad

meat and poultry::

Tarragon and Thyme-Roasted Chicken
with Mediterranean vegetables and lemon mash

Pork Medallions
with mushroom risotto and port reduction

U.S. Black Angus Steaks
rib eye or tenderloin cooked to perfection and served with your choice of potato

vegetarian::

Golden Fried Tofu
with Asian vegetables and organic rice

Spaghetti Primavera

Pumpkin and Ricotta Ravioli

pasta::

Spaghetti Bolognaise
Spaghetti noodles with traditional meat sauce from Bologna

Linguini Carbonara
Linguini pasta with mushrooms, bacon, ham and white wine cream sauce